

Олимпиада школьников «Покори Воробьевы Горы!»
Очный тур 2018-2019 гг.
10-11 классы
Вариант 8

Олимпиада школьников Покори Воробьевы горы 2018-19

АНГЛИЙСКИЙ ЯЗЫК

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TASK 1. LISTENING COMPREHENSION (16 points: 1 answer = 2 points)

For questions 1-8 complete the notes below filling in the gaps with FOUR WORDS maximum. You will listen to the text ONCE. You have 1 minute to look through the task before listening. Transfer your answers into the answer sheet (1-8).

CLIMBING

- 1 What has Mark Anstess been doing lately? _____
- 2 What did Mark focus on in his expeditions? _____
- 3 How has the mountain changed since the 1950s? _____
- 4 Since when has Mark been involved in expeditions? _____
- 5 Why could he only climb Mount Ararat by night? _____
- 6 What could have happened if Mark had climbed Ararat during the day? _____
- 7 Which part of New Guinea is not fully represented on maps? _____
- 8 Why do many maps lack precise information? _____

TASK 2. READING (10 points: 1 answer = 1 point)

For questions 9-18 put the following parts of the text in the correct order to recreate the text. Transfer your answers into the answer sheet (9-18).

Dealing With Difficult Emotions

*D'Arcy Lyness, PhD,
TeensHealth*

- A.** They can help you explore your emotions and give you a fresh way of thinking about things. And nothing helps you feel more understood and cared for than the support of someone who loves you for who you are.

Exercise. Physical activity helps the brain produce natural chemicals that promote a positive mood. Exercise also can release stress buildup and help you from staying stuck on negative feelings.

Step 3: Get Help With Difficult Emotions

- B.** For example, you might not be in the mood to go out after a breakup, but going for a walk or watching a funny movie with friends can lift you out of that negative space.

Build positive emotions. Positive feelings create a sense of happiness and well being. Make it a habit to notice and focus on what's good in your life — even the little things, like how great the salad you made for lunch tastes.

C. EMOTIONS (feelings) are a normal and important part of our lives. Some emotions are positive. Think of happiness, joy, gratitude, love, and contentment. These positive emotions feel good. Negative emotions — like sadness, anger, loneliness, jealousy, self-criticism, or rejection — can be difficult, even painful at times.

That's especially true when we feel a negative emotion too often, too strongly, or we dwell on it too long.

D. Learning to notice and identify your feelings takes practice. In addition to focusing on your feelings, check in with your body, too. You may feel body sensations with certain emotions — perhaps your face gets hot or your muscles tense.

Be aware of how you feel. When you have a negative emotion, such as anger, try to name what you're feeling.

For example:

*That guy Ian in my study group makes me so **mad**!*

*I feel **afraid** whenever I have to walk past those bullies.*

Don't hide how you feel from yourself. You might not want to broadcast your feelings to other people (like your ex or that guy who is making you mad).

E. Make sure you talk to a school counselor, parent, trusted adult, or therapist. Counselors and therapists are trained to teach people how to break out of negative emotions. They can provide lots of tips and ideas that will help you feel better. So, good luck!

F. Once you've processed what you're feeling, you can decide if you need to express your emotion. Sometimes it's enough to just realize how you feel, but other times you'll want to do something to feel better.

Think about the best way to express your emotion. Is this a time when you need to gently confront someone else? Talk over what you're feeling with a friend? Or work off the feeling by going for a run?

For example:

It won't solve anything to show my anger to Ian but my feelings tell me that I need to avoid getting in another situation where he takes control over a project.

I'll hold my head high around my ex, then I'll put on some sad songs and have a good cry in my room to help me release my feelings and eventually let go.

My fear of being around those bullies is a sign that they have gone too far.

Learn how to change your mood. At a certain point, you'll want to shift from a negative mood into a positive one. Otherwise your thinking may get stuck on how bad things are, and that can drag you down into feeling worse. Try doing things that make you happy, even if you don't feel like it at the time.

- G.** But don't suppress your feelings entirely. Simply naming the feeling is a lot better than pretending not to have it — or exploding without thinking.

Know why you feel the way you do. Figure out what happened that got you feeling the way you do.

For example:

Whenever we do group projects, Ian finds a way to take all the credit for other people's work. So, our teacher thinks Ian's the star of the team. Even though the bullies don't pick on me, I see what they do to other people and it worries me.

Don't blame. Being able to recognize and explain your emotions isn't the same as blaming someone or something for the way you feel. How you feel when these things happen comes from *inside you*. Your feelings are there for a reason — to help you make sense of what's going on.

Accept all your emotions as natural and understandable. Don't judge yourself for the emotions you feel. It's normal to feel them. Acknowledging how you feel can help you move on, so don't be hard on yourself.

Step 2: Take Action

- H.** Noticing the good things even when you're feeling bad can help you shift the emotional balance from negative to positive.

Seek support. Talk about how you're feeling with a parent, trusted adult, or a friend.

- I.** Negative emotions are impossible to avoid, though. Everyone feels them from time to time. They may be difficult, but we can learn to handle them.

Here are three steps that can help you handle negative emotions.

Step 1: Identify the Emotion

- J.** Sometimes, no matter what you do, you can't shake a tough emotion. If you find yourself stuck in feelings of sadness or worry for more than a couple of weeks, or if you feel so upset that you think you might hurt yourself or other people, you may need extra help.

TASK 3. USE OF ENGLISH (10 points: 1 answer = 1 point)

*For questions 19-28 write the missing words. Use only one word in each gap.
Transfer your answers into the answer sheet (19-28).*

SPEED LIMIT

A recent proposal to limit the speed cars can reach is proving controversial. The idea, put (19)... by the Institute for Road Safety, involves fitting vehicles with a communications box containing a digital map of the road network. While a car is in motion, the communications box - which knows (20)... fast the vehicle is legally permitted to travel on a particular section of road – automatically regulates the car's speed. (21)... therefore becomes impossible for a vehicle fitted with (22)... a device to exceed the speed limit.

There are plans to charge motorists to drive into the centre of major cities, and a communications box could be used to identify vehicles that enter this zone. At present, each time a vehicle does so, its number plate is photographed. (23)... the number is compared against a list of authorised vehicles, but this system is costly and (24)... from foolproof.

The system could be put in place quickly if the government wished as part (25)... the technology has already been developed for another purpose. Electronic vehicle identification is unpopular with some people, who regard it (26)... an infringement of their rights. They would certainly object to the plan to restrict the speed of their cars, (27)... may make the government hesitate to go through with it. But by forcing drivers to slow (28)... , the scheme would save lives, and this is likely to be popular with the general public.

TASK 4. SOCIOCULTURAL COMPETENCE (4 points: 1 answer = 1 point)

For questions 29-32 fill in the gaps in three sentences with 1 word. There is only 1 word that be used in all the three sentences. Each correct answer earns you 1 point. Transfer your answers into the answer sheet (29-32).

29. John's face was _____ and blue after the boxing match.

Fred came home with a horrible _____ eye today, but he won't tell us what happened!

We had a huge _____ out here last night, the whole town was out of power for about 7 hours!

30. After that argument yesterday, I assure you he will be in a lot of people's _____ books for quite some time!
The award's ceremony will be a _____ tie event, so I'll have to buy a smart suit.
Their company has been in the _____ ever since the new CEO took over, and changed it all around!
31. Greg has decided to quit his job out of the _____, and go travelling for a year!
It was a complete bolt from the _____ for us, we had no idea that they were having problems.
A _____ ribbon panel of experts were invited to investigate the extraordinary remains.
32. I've got three credit card bills to pay off at the moment. I hate being in the _____!
The fallen trees along the road raised a _____ flag for the safety inspectors.
Our company is finally out of the _____ now. We've managed to pay back our loan, and now we're making profit!

TASK 5. WRITING (60 points)
(40 minutes, 250-300 words)

Imagine that your school magazine has a weekly column called "Performing EXTRA". As part of their investigation into extracurricular activities of young people, they have asked you to write a news report based on the results of your own survey demonstrated in the charts below.

In your report say:

1. who participated in the survey;
2. what changes and trends can be seen comparing the data in the charts below;
3. what are the reasons for such changes;
4. how the situation might develop in the future.

Remember the rules of news report writing. Make sure your report has:

- a headline
- a byline and a placeline
- a lead paragraph

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- *body paragraphs*
- *a conclusion*

